

State of Our Kittery Youth Presentation & Discussion

Monday, January 29 ★ 6:00pm

Kittery Community Center ♦ Community Room

CALLING ALL PARENTS & COMMUNITY MEMBERS

Our children are our greatest resource, but today's world is challenging. Every day youth face situations and choices that impact their physical and mental wellbeing. It's not always easy to talk about the issues children and families face and often we forget to celebrate all the positives. No parent can do it all alone, neither can the schools or the government. If the youth of Kittery are truly our greatest resource then we must come together as a whole community to talk about what matters. Join us as we explore the latest Maine Integrated Youth Health Survey results for Kittery followed by a chance to ask our panelist your questions. Together we can make sure the youth of Kittery are given what they need to grow into healthy, thriving adults!



The purpose of the **Maine Integrated Youth Health Survey (MIYHS)** is to assess the physical and mental health and wellbeing of Maine's youth and the

positive and negative behaviors and attitudes that influence healthy childhood development. It is administered to students in grades 7-12 statewide every other year. The survey is important because the results can be used by schools, communities, state & local agencies and service organizations to address the most pressing issues facing our youth today.

- As a **parent**, the results help you to **understand** what **challenges your children are facing**. It also allows decision makers to develop programs and services that **support you** and **your children** as you raise them to be healthy, thriving adults.
- As a **decision maker** or elected official, they help you to make **informed, strategic decisions** about funding programs and services that are most effective and focus on current needs.
- As a **community member**, the results help you to better **understand** what life is like for our youngest members and how we collectively can **support** them so that they have a healthy, solid foundation on which to become the **next generation** of leaders and members of our society.



Presenter

Sally Manninen
Choose to Be Healthy
Coalition, York Hospital

Panelists

John Drisko
Mike Roberge
Traip Academy Principals
Anne Ellis
Shapleigh School Principal
Mat Kiernan
Traip Guidance Counselor
Guy Polino
Traip Health Teacher
Jay Durgin
School Resource Officer

FREE AND OPEN TO ALL MEMBERS OF THE COMMUNITY - NOT JUST PARENTS!

CHILDCARE AVAILABLE FOR AGES 5+ - MUST REGISTER FOR CHILDCARE

For More Information or to register for childcare Contact:

Jane Durgin , Director Special Services 475-1331 or email: jdurgin@kitteryschools.com

Sponsored by the Kittery Youth Committee & Kittery Community Center