

**2019 SHAPLEIGH FALL SPORTS
PRACTICE TIMES
1st Day - Thursday, September 5th**

Boys & Girls X-Country (Grades 6-8)

Thursday, Sept. 5th - 2:20-3:30pm at Shapleigh
Coach Wes Rhames

Girls Soccer (Grades 7 & 8)

Thursday, Sept. 5th - 2:20-3:30pm at Shapleigh
Coach David Harris

Boys Soccer (Grades 7 & 8)

Thursday, Sept. 5th - 2:20-3:30pm @ Shapleigh
Coach Doug Bertrand

Field Hockey (Grades 6-8)

Thursday, Sept. 5th - 2:20-3:30pm @ Shapleigh
Coach Sybil Carven

All practices will be held at Shapleigh Field

** Please make sure you have an updated physical on file with the school nurse. Physicals will be offered at Shapleigh School on Tuesday, September 10th. More information will be shared about physicals next week.

Have completed the online ZippSlip Emergency Forms

** You will be receiving information from ZippSlip by the end of this week.

* \$10.00 cash or check made out to: **Kittery Family Practice**