

## Sports Physicals 2017-2018 School Year

All students who wish to participate in a Shapleigh School sport during the 2017-2018 school year must have a current sports physical on file. York Hospital staff perform sports physicals *at* Shapleigh School 1 day only for your convenience, or students may use physicals performed by their doctor's office.

- A sports physical is good for 13 months after the day it was performed. A student may practice but not participate in scheduled games with an expired physical.
- A sports physical may be current at the beginning of a season but can expire in the middle of the season, so please check the date on a school physical from the doctor's office.
- Parents can have school physicals faxed from the doctor's office to Shapleigh School. The Shapleigh School fax number is **(207)439-9958**.
- If preferred forms may be emailed to the Shapleigh School nurse at the following email address; [bbladen@kitteryschools.com](mailto:bbladen@kitteryschools.com).
- **Sports Physicals will be performed at Shapleigh School for the school year 2017-2018 on September 12th starting at 7:45 am.**
- **Students who want to take advantage of a school sports physical in September 2017 must have:**
  - 1. Turned in the two page pre-participation sports exam form**
  - 2. The form signed by a parent of guardian**
  - 3. Bring \$ 5.00 (cash preferred) payable at time of physical**



If your student is entering **7th grade** they are required by Maine State law to have a record of a Tdap booster on file in the Shapleigh nurse's office before they begin school in September. This can be faxed or emailed to Shapleigh School.